



SRI RAMACHANDRA
CENTRE FOR SPORTS SCIENCE
Crafting Sports Through Science



SPORTS SCIENCE CONFERENCE 2026

SRI RAMACHANDRA UNIVERSITY, CHENNAI

Rehab. Re- condition. Return to Sport

WORKSHOP DETAILS

- **Biomechanics**
- **Sports Psychology**
- **Sports Rehabilitation**
- **Strength & Conditioning**

24
JAN
SATURDAY
2026

PRE – CONFERENCE WORKSHOPS

25
JAN
SUNDAY
2026

MAIN – CONFERENCE



PRICE : CONFERENCE – 1750 | WORKSHOP – 500



Andrew Gray
Biokineticist
South Africa



Mark King
Biomechanics
UK



Hamish Bull
Biomechanics
UK

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FOR REGISTRATION

And more eminent National & International faculty

24
JAN
SATURDAY
2026

PRE CONFERENCE WORKSHOPS

SRI RAMACHANDRA CENTRE FOR SPORTS SCIENCE

09.00 AM - 12.00 PM | 01.00 - 03.00 PM

- Sports Rehabilitation workshop
- Strength & Conditioning workshop
- Biomechanics workshop
- Sports Psychology workshop

25
JAN
SUNDAY
2026

MAIN CONFERENCE

UNIVERSITY AUDITORIUM, SRIHER, CHENNAI

09.00 - 10.00 | Panel 1

Current Concepts in Sports Rehab

Assessment methods, nutritional aspects, challenges in rehabilitation of elite athletes

10.00 - 11.00 | Panel 2

Conditioning an elite athlete

New concepts in nutrition for strength & conditioning, sports psychological aspects, elite athlete conditioning after injury

11.00 - 11.15 | **TEA BREAK**

11.15 - 12.15 | Panel 3

The Return to Sport Continuum

Assessment and making the decision of return to sport

12.15 - 01.15 | **LUNCH & e-Posters**

01.15 - 02.15 | Panel 4

Talk of the Champions

Elite Athletes & Elite Coaches

02.15 - 03.15

Biomechanics in Sports Performance

Newer methods of biomechanical analysis
Biomechanics of spin bowling & injury prevention

3.15 - 4.15

SPORTS QUIZ & Free Paper Sessions

Cricket, Tennis, Football, e-Posters & podium paper presentations

4.15 | **HIGH TEA & NETWORKING**

WHO CAN ATTEND

- Doctors: Sports Medicine, Orthopedics, PMR
- Sports Physiotherapists
- Sports & Conditioning and fitness trainers
- Sports Scientists, Exercise Physiologists & Biomechanists
- Sports Psychologists & Sports Nutritionists
- Physical Education Coaches